

What can I recycle?

The materials listed below are acceptable for recycling at all TNRD Recycling Depots located throughout the region. If you have something that is not on the list, it is probably not acceptable for recycling and should either be put in your regular garbage or taken to a TNRD disposal site.

PAPER

- newspaper & inserts, flyers, magazines, catalogues, glossy paper
- white writing & computer paper
- greeting cards, non-foil gift wrap
- junk mail, envelopes (except padded or plasticized)
- paperback & hard cover books
- phone books



METALS

- clean tin cans (soup, juice, etc.)
- aluminum containers (pie plates, take-out containers)
- clean aluminum foil
- no beverage containers (return for refund)

Labels and lids are OK



PLASTICS

All plastic containers with the recycling symbols 1 - 7



- household bottles & containers (dish & clothing detergent, fabric softener, vinegar, pill/vitamin bottles)
- plastic/boxboard packaging (please separate from boxboard and paper backing)
- milk jugs, windshield washer jugs
- ice cream pails
- yogurt/margarine containers
- plastic bags, including grocery & retail bags, bread bags, dry cleaning bags
- all clear plastic packaging (shrink wrap & bubble wrap)
- no beverage containers (return for refund)

Discard caps and lids and rinse



CARDBOARD, BOXBOARD & HEAVY PAPER

- cereal & food boxes (remove and discard liner)
- brown envelopes, paper bags, egg cartons
- shoe boxes & similar boxes

Flatten all boxes



Corrugated cardboard - flatten & place in provided cardboard bin at your local recycling depot

GLASS

Residents should place glass recyclables in the separate glass bin provided

- jars (pickle, jam)
- bottles (hot sauce, ketchup)
- no beverage containers (return for refund)

Jars & bottles only. No other type of glass or ceramics are acceptable.

Empty and clean!

Labels are OK

Recycle metal lids in Blue Bags

— DO NOT PUT IN BLUE BAGS —



Recycling Plastic

Confused on which plastics are recyclable?

You're not alone – it's a confusing topic. Here are some simple tips that will hopefully make it easier:

In the Thompson-Nicola Regional District we recycle all household plastic containers with the number 1 - 7 on the bottom and all clear plastic packaging. Plastics are recyclable based on the type of plastic (or 'resin') that they are made from – the most easily recyclable and most environmentally responsible plastics are 1, 2, 4 and 5. Examples include: shampoo bottles, liquid dish soap bottles, yogurt and margarine containers, lids from dairy products, plastic milk jugs, etc. In some cases, household plastics may not have a recycling symbol, but it can still be included with your recyclables.

Empty drink containers, (i.e. water and pop bottles), even if they have the number 1 - 7 on the bottom, should be returned for deposit refund, not put into a blue bag. Having materials that are easily returned for refund encourages scavenging and should be avoided. Instead, take those materials to your local bottle depot.

What can't I recycle?

- styrofoam
- hazardous material containers
- motor oil containers
- juice boxes & waxed boxboard
- foil & plastic coated paper/boxboard



Note: Plastic grocery bags can also be recycled at some grocery stores – call the BC Recycling Hotline at 1-800-667-4321 for locations.

For additional information on recycling, check out the Recyclopedia on www.tnrdreuses.com

What happens to my recyclables?

Material	Recycled As...
Newspaper	newsprint, cellulose insulation, boxboard and phone books
Cardboard	cardboard, boxboard, building paper and shingles
White office paper	office paper, building paper, shingles
Boxboard (cereal boxes)	boxboard or shingles/building paper
Mixed (low-grade) paper	shingles, building paper and boxboard
Magazines	shingles, building paper, newsprint
Metal cans	tractor and grader blades, construction material (rebar)
Glass	fibreglass, reflective signs, construction aggregate
Aluminum	aluminum cans and other aluminum products
Plastics	plastic lumber, pails, carpet, clothing and much more

Over the next couple of years, the TNRD will be providing recycling depots throughout the region for use by all residents and small businesses. Transfer stations and landfills will offer additional recycling opportunities.

Blue Bag Recycling Tips

- There is no limit to the amount of full clear Blue Bags residents can take to their depot for free!
- Remember that glass & styrofoam do not belong with recyclables. They contaminate the rest of your recyclables and increase the cost of the TNRD recycling program
- Glass containers should be placed in the separate bin provided at TNRD recycling depot
- Boxboard & empty, bulky containers (i.e. plastic milk jugs) should be flattened to save room in the bags
- Large corrugated cardboard should be flattened and placed in separate bin
- See-through Blue Bags are available at most grocery and hardware stores. The TNRD office and libraries do not sell Blue Bags
- Use only see-through Blue Bags so that we can be sure the contents are recyclables. Site users may empty Blue Bags into green bins and re-use their bags to save costs to the household

Recycling Depot Tips

- Recyclables go in the easily identifiable green bins. Garbage goes in the blue bins. Dumping of garbage in and removal of materials from recycling bins is not permitted
- Site attendants are there to effectively manage the site and direct site users to appropriate waste disposal areas. Please respect your site attendants information and guidance

What is the "Blue Bag" Recycling Program?

Blue Bag Recycling is an easy and cost effective recycling program available to residents of the Thompson-Nicola Regional District (TNRD). This preferred method of recycling allows area residents to recycle a large variety of household materials including plastics #1-7, tin cans and aluminum foil, all clean paper products, boxboard, cardboard and glass.

Area residents simply place all dry, clean recyclable materials in a clear blue plastic bag available at local grocery stores. Once full, the bag can then be deposited in the large green bins at your local TNRD recycling depot for free. The recyclables are then processed and shipped to businesses that turn discarded materials into new products, demonstrating the recyclers' motto of "closing the loop". Most of these businesses are located in southwest British Columbia while a few are located in Washington and Oregon.



The Blue Bag recycling system was selected by the TNRD because it offers a full suite of recyclable materials to be collected in a convenient single blue bag container within the home. With the exception of glass and large amounts of corrugated cardboard, all other recyclable material may be placed in the blue bags.

At TNRD recycling depots, large green bins are used to collect the blue bag recyclables. By collecting large amounts of recyclables in one bin rather than multiple bins, the costs related to the handling and transporting of the recyclables is reduced and decreases emissions as well. This recycling program will also allow the TNRD to use their existing infrastructure to collect recyclable materials, which cuts down on additional costs.



TNRD Blue Bag Recycling

